				-										-			_				
	ften	eat	rley	22		Ħ	mut														
Dish	Contains Gluter	Contains Whea	Barley	Contains Oats	Contains Rye	Contains Spel:	Contains Kamu					\$								ans	Other Allergen related information
	ains	ains	ains	ains	ains	ains	ains				uts	Nut		~	ard	me	lites	_	scs	tace	
	onti	onti	Contains	onti	onti	onti	onti	Milk	Eggs	Fish	eanuts	ree Nuts	Soya	Celery	Mustard	esame	Sulphites	-upin	Molluscs	rust	Other Alleren educed internation
A to Z	0	0	0	0	0	0	0	2	ш	LL.	٩.	F	S	0	2	S	S	-	2	0	Other Allergen related information
3 Bean Veggie Chilli with Rice																					
BBQ Chicken	1	1						1		1											
Beef Lasagne & Garlic Bread	1	1						1	~				1								
Beef Meatballs in Gravy & Mash	4	1						1					1				1				
Beef Steak Pie with Baby Potatoes	1	1						1	,												
Braised Beef & 2" Yorkshire Pudding	✓ ✓	< <						1	1								1				
Breaded Chicken Strips with Wedges Breaded Pollack with Chips	¥ •	*								-							*				
Cauliflower & Broccoli Bake with Crusty Bread	-	1			_			1	1	•			1				-				
Cheese & Cauliflower Nuggets with Chips	1	· •						· •	· •						1			-			
Cheese & Onion Frittata								1	1												
Cheese & Onion Omelette with Baby Potatoes								~	4												
Cheese & Onion Quiche	1	1						<	1												
Cheese & Potato Pie with Baby Potatoes	1	1						1	1												
Cheese & Tornato Pasta with Garlic Bread	✓ ✓	< <						 ✓ 	* *				4				1				
Cheese & Tomato Pinweel with Wedges	v v	~						*	~				v				v	_			
Cheese & Tomato Pizza with Chips	1	· ·						• •	*												
Chicken and Vegetable Pie with Baby Potatoes Chicken Biryani served with Curry Sauce	L .	L .						•							~						
Chicken Burger in a Bun with Wedges	1	1														~	1				(Maybe traces of seasame seeds)
Chicken Casserole with Baby Potatoes																					
Chicken Chow Mein	1	1						1	1				1			1					
Chicken Korma with Rice & Naan Bread	1	1						1	1				1		1		1	I			Sulphite in dessicated coconut
Chicken Tikka with Rice & Naan Bread	~	1						1	1				~		1						
Cottage Pie		-						<							_						
Cowboy Pie	4	✓ ✓						٣	1						_	1	1				(Maybe traces of seasons and a)
Crispy Crumbed Veg Burger in a Bun with Wedges Crispy Crumbed Veg Burger with Chips	· ·	· ·													-	-	1				(Maybe traces of seasame seeds)
Crispy Conneed Veg Burger with Crisps Crispy Topped Vegetable Pie								1							-						
Fish Pie								1		1											
GF Cod Fillet Fish Fingers with Chips										4											
GF Salmon Fish Fingers with Chips]						1]							
Haddock Goujons with Chips	1	1								1											May contain: Crustaceans and Molluscs
Junior Battered Pollock with Chips	1	1								4											
Lentil & Vegetable Cottage Pie Lentil & Vegetable Curry with Rice & Naan Bread	1	1						1	1				1		-						
Mac "n" Cheese & Crusty Bread	· •	1						1	· •				· •								
Meat Free Mince Bolognese with Spaghetti & Garlic Bread	1	1						1	1				1								
Meat Free Sausages Mash & 2" Yorkshire Pudding								1	1												
Meat Free Sausages Roll & Mash	1	1						1													
Meat Free Vegan Mince Cottage Pie	1	1	1					 ✓ 	< <				4								
Meat Free Vegan Mince Lasagne & Garlic Bread	¥ •	×	*					* *	1				¥								
Meat Free Vegan Mince Pie with Baby Potatoes Mozzarella Cheese Sticks with Wedges	· ·	•						· ~					· ·				1			_	
Omelette with cheese with Chips	-						_	1	1								-				
Pasta Carbonara & Garlic Bread	1	1						1	1				1				1				
Pork Sausage Roll & Mash	1	1						1						1			1				
Pork Sausage, Mash & 2* Yorkshire Pudding	1	1						1	1					1			1				
Quom Bolognese with Spaghetti & Garlic Bread	1	1	1					1	1				1								
Quom Cottage Pie	1	1	1					1	1				1								
Quom Curry Korma with Rice & Naan Bread	~	1						< <	< <				*		1		1				Sulphite in dessicated coconut
Quom Fillet Complete Meal Quom Hot Dog with Wedges	1	1	1					*	*							1	1				
Quom Mince Pie with Baby Potatoes	7	· •	1				_	~	*								*				
Quorn Sausage Mash & 2" Yorkshire Pudding	1	1	1					1	1												
Quom Sausage Roll & Mash	1	1	1					~	1												
Quom Chunks Pie	1	1		-				1	1			-		-			_			_	
Quom Casserole								_	1				_		-						
Quorn Tikka Masala with Rice & Naan Bread	✓ ✓	✓ ✓						√	< <				~		*						
Rainbow Fritters with Chips Roast Beef Complete Meal & 2* Yorkshire Pudding	✓ ✓	*	1					*	✓	-					-						
Roast Chicken Complete Meal & 2 Torkshire Publing Roast Chicken Complete Meal with Sage & Onion Stuffing		•													-						
Roast Gammon Complete Meal & Pineapple								1							_		1				
Roast Pork Complete Meal & Apple Sauce								1													
Roasted Vegetable Quiche	1	1						1	1												
Salmon&Sweet Potato Fishcakewith Chips	1	1]						1]							
Sloppy Joes Wrap Soya Bean Chow Mein	√	✓ ✓													_						May contain: Almonds,Cashew Nut, Nuts, Peanuts, and
									~		~	1	1			~					Mustard
Spaghetti Bolognese with Spaghetti & Garlic Bread	1	1						1	~				1				Ļ				
Spicy Bean burger in a Bun with Wedges	√	< <													_	1	1				(Maybe traces of seasame seeds)
Sticky Mango Quom & Egg Noodles	¥	*							*						_						
Sweet Chilli Quom Fillet with Noodles Sweet Chilli Chicken with Noodles	¥.	¥							¥ ¥						_						
Sweet Chilli Chicken with Noodles Sweet Potato & Chickpea Curry with Rice & Naan Bread	~	· ·						~	~				~								
Tomato & Cheese Pinwheel with Chips	1	1						1	1				1		_						
Tomato & Mascarpone Pasta & Garlic Bread	1	1						1	1				1								
Tuna Pasta bake - Tomato sauce	1	1						1	1	1			1								
Tuna Pasta Bake - White sauce	~	1						< <	1	1			~								
Vege Meatballs in Gravy & Mash								< <							~						
Vegetable Biryani served with Curry Sauce Vegetable Frittata								✓ ✓	1						*						
Vegetable Entitata Vegetable Sausage Mash & 2" Yorkshire Pudding	1	1						• •	*						-						
Vegetable Sausage Roll & Mash	*	1						· •							-						
Vegetable Vegan Mince Hotpot													1								
Vegetarian Carbonara & Garlic Bread	1	1						1	1				1								
Vegetarian Lasagne - Quom & Garlic Bread	~	1						<	1				~	_J							
Vegetarian Meatless Loaf Complete Meal	1	1						1	1					1	_						
1		1			-																